

Fear Factor Camp

This was a Friday evening to Sunday noon camp.

Each group picked a Fear Factor type group name, i.e.- Squishy watermelon, Moldy... etc. Every challenge that the girls competed in earned them and their patrol points.

After everyone got settled Friday evening, we took the girls outside for a "Predator & Prey" Game.

We then had a wiener roast. Each group was challenged to build a fire in a pie plate- they were provided with dryer lint, steel wool, shavings, etc.

Saturday morning after breakfast was done each group picked one person to do an endurance challenge. They had to stand on one foot on an upside down pail while holding a bamboo stick (with both hands) over their heads. The group whose person stayed up the longest won. They were given points accordingly.

We then went to West Edmonton Mall where the girls did the Photography scavenger hunt. Each girl was given a point for each challenge they met.

On the bus on the way home the girls were given WAGGGS and Canadian Guiding quizzes which were also marked and used as points.

As an appetizer for supper each girl was given a small paper cup with a blended concoction of beets, beans, tuna, Brussels sprouts etc. If she tried it she got 1 point. If she ate all of it she got 2 points. No points if she wouldn't even try. After supper they had to eat worms and dirt using only their mouths- NO HANDS! (Everyone earned 5 points for a job well done)

Sunday morning, after things were cleaned up we went outside and had an obstacle course. One person from each group was the leader and had to lead each girl through the course one at a time. The girls were blind folded for this and the leader could not touch them, only direct them using her voice.

Before the closing of the camp we made it so the chart showed them all winners.

The girls were each presented with an "I survived Fear Factor Camp" crest.

