

How to set up Three Instant Meetings



BRIGHT IDEA: Why not incorporate 2010's Thinking Day theme? The theme is "together we can end extreme poverty and hunger". Visit <http://www.worldthinkingday.org/en/activities09> for more information. Suggestion: Ask all your "athletes" to bring a canned good to donate to a local food bank.

First Meeting: Opening Ceremonies

Complete the following activities with the below suggested timing. See the Activity Resource Section for an explanation of these activities. **Consult Introductions and Debriefing** for more "how to" information.

Branch Opening	10 minutes
National Anthem	5 minutes
Identifying Flags	30 minutes
Team Uniforms	20 minutes

Remind the girls to bring in white T-shirts next meeting. During this meeting, ask the girls to design the T-shirts using chart paper and markers.

Second Meeting: Let the Games begin!

Complete the following activities with the suggested timing. **See the Activity Resource Section** for the explanation of these activities.

March of the Flags/ Olympic Parade	10 minutes
Lantern or Glow Stick Ceremony/Pass the Torch	15 minutes
Choose 2 Active Games	10 minutes
Choose 2 World Games	10 minutes
Choose 2 Relay Games	10 minutes

Third Meeting: Closing Ceremonies

See the Activity Resource Section for an explanation of these activities.

Choose 2 Active Games	10 minutes
Choose 2 World Games	10 minutes
Choose 2 Relay Games	10 minutes
Closing Ceremonies	20 minutes